



Red Robin[®]
GOURMET BURGERS AND BREWS
NUTRITIONAL GUIDE

Live Date: 10/2/23

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redrobin.com

† Dressing not included.

FAMILY BUNDLES

	Total Calories (kcal)	Calories From Fat (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
Beef Burger	550	270	29	12	2	95	470	41	2	6	30
Beef Cheeseburger w/ American	660	360	39	18	2	125	1040	44	2	7	35
Beef Cheeseburger w/ Cheddar	660	350	39	17	2	125	650	42	2	6	37
Beef Cheeseburger w/ Pepper-Jack	650	340	38	17	2	120	660	42	2	6	37
Beef Cheeseburger w/ Swiss	660	350	38	17	2	120	530	42	2	6	38
Chicken Burger	320	35	4	1	0	80	640	39	2	6	34
Chicken Cheeseburger w/ American	440	120	14	7	0.5	115	1210	41	2	8	39
Chicken Cheeseburger w/ Cheddar	440	120	13	6	0.5	110	820	39	2	6	41
Chicken Cheeseburger w/ Pepper-Jack	430	110	12	6	0.5	110	830	39	2	6	41
Chicken Cheeseburger w/ Swiss	430	110	13	6	0.5	110	700	39	2	6	42
Crispy Chicken Burger	640	270	30	6	0	85	1060	55	3	6	38
Crispy Chicken Cheeseburger w/ American	760	360	40	12	0.5	115	1630	58	3	8	43
Crispy Chicken Cheeseburger w/ Cheddar	760	360	40	11	0.5	115	1240	56	3	6	45
Crispy Chicken Cheeseburger w/ Pepper-Jack	750	350	39	11	0.5	110	1250	56	3	6	44
Crispy Chicken Cheeseburger w/ Swiss	750	350	39	11	0.5	110	1120	56	3	6	46
GF Beef Burger	550	280	31	11	1.5	95	560	42	3	6	27
GF Beef Cheeseburger w/ American	660	370	41	17	2	125	1130	45	3	8	32
GF Beef Cheeseburger w/ Cheddar	660	360	40	17	2	125	750	43	3	6	34
GF Beef Cheeseburger w/ Pepper-Jack	650	360	39	17	2	120	760	43	3	6	34
GF Beef Cheeseburger w/ Swiss	660	360	40	17	2	120	620	43	3	6	35
GF Chicken Burger	330	50	6	0.5	0	80	740	40	3	6	31
GF Chicken Cheeseburger w/ American	440	140	15	7	0.5	115	1310	42	3	8	36
GF Chicken Cheeseburger w/ Cheddar	440	130	15	6	0.5	110	920	40	3	7	38
GF Chicken Cheeseburger w/ Pepper-Jack	430	120	14	6	0.5	110	930	40	3	7	38
GF Chicken Cheeseburger w/ Swiss	440	130	14	6	0.5	110	790	40	3	6	39
GF Veggie Burger	340	80	8	0.5	0	0	820	57	9	11	11
GF Veggie Cheeseburger w/ American	450	160	18	7	0.5	30	1390	59	9	12	16
GF Veggie Cheeseburger w/ Cheddar	450	160	18	6	0.5	30	1000	57	9	11	18
GF Veggie Cheeseburger w/ Pepper-Jack	440	150	17	6	0.5	25	1010	57	9	11	18
GF Veggie Cheeseburger w/ Swiss	450	150	17	6	0.5	30	880	57	9	11	19
Turkey Burger	450	170	19	5	0	105	950	39	2	6	32
Turkey Cheeseburger w/ American	560	260	29	11	0.5	135	1520	42	2	7	37
Turkey Cheeseburger w/ Cheddar	560	260	28	11	0.5	130	1140	40	2	6	39
Turkey Cheeseburger w/ Pepper-Jack	550	250	27	10	0.5	130	1150	40	2	6	38
Turkey Cheeseburger w/ Swiss	560	250	28	11	0.5	130	1010	40	2	6	39
Veggie Burger	330	60	7	1	0	0	720	56	9	11	14
Veggie Cheeseburger w/ American	450	150	17	7	0.5	30	1290	58	9	12	19
Veggie Cheeseburger w/ Cheddar	450	150	16	7	0.5	30	900	56	9	11	21
Veggie Cheeseburger w/ Pepper-Jack	440	140	15	6	0.5	25	910	56	9	11	21
Veggie Cheeseburger w/ Swiss	440	140	16	7	0.5	30	780	56	9	11	22
Wedgie Style Beef Burger	360	240	6	95	27	24	11	95	1	2	1.5
Wedgie Style Beef Cheeseburger w/ American	470	330	9	125	36	29	17	670	1	4	2
Wedgie Style Beef Cheeseburger w/ Cheddar	470	330	7	120	36	31	17	280	2	2	2
Wedgie Style Beef Cheeseburger w/ Pepper-Jack	460	320	7	120	35	31	17	290	1	3	2
Wedgie Style Beef Cheeseburger w/ Swiss	470	320	7	120	35	32	17	160	1	2	2
Wedgie Style Chicken Burger	130	10	4	80	1.5	28	0.5	270	2	3	0
Wedgie Style Chicken Cheeseburger w/ American	250	100	6	110	11	33	7	840	2	4	0.5
Wedgie Style Chicken Cheeseburger w/ Cheddar	250	100	4	110	11	35	6	450	2	3	0.5
Wedgie Style Chicken Cheeseburger w/ Pepper-Jack	240	90	4	110	10	35	6	460	2	3	0.5
Wedgie Style Chicken Cheeseburger w/ Swiss	250	90	4	110	10	36	6	330	2	3	0.5
Wedgie Style Crispy Chicken Burger	450	250	20	85	28	32	5	690	2	3	0
Wedgie Style Crispy Chicken Cheeseburger w/ American	570	340	23	115	37	37	11	1260	2	4	0.5
Wedgie Style Crispy Chicken Cheeseburger w/ Cheddar	570	330	21	110	37	39	11	870	2	3	0.5
Wedgie Style Crispy Chicken Cheeseburger w/ Pepper-Jack	560	320	21	110	36	38	10	880	2	3	0.5
Wedgie Style Crispy Chicken Cheeseburger w/ Swiss	570	330	21	110	36	40	11	750	2	3	0.5
Wedgie Style Veggie Burger	140	40	21	0	4	8	0.5	350	8	7	0
Wedgie Style Veggie Cheeseburger w/ American	260	130	23	30	14	13	7	920	8	8	0.5
Wedgie Style Veggie Cheeseburger w/ Cheddar	260	120	21	30	14	15	6	530	8	7	0.5
Wedgie Style Veggie Cheeseburger w/ Pepper-Jack	250	110	21	25	13	15	6	540	8	7	0.5
Wedgie Style Veggie Cheeseburger w/ Swiss	260	120	21	30	13	16	6	410	8	7	0.5

BOX MEALS

	Total Calories (kcal)	Calories From Fat (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
Beef Burger w/ Carrots	580	270	30	12	2	95	1030	49	4	10	31
Beef Burger w/ Coleslaw	650	320	35	13	2	100	1330	53	4	12	32
Beef Burger w/ Mandarin Oranges	620	270	30	12	2	95	1010	58	5	19	32
Beef Burger w/ Side Salad	650	310	34	14	2	105	1140	52	5	10	35
Beef Burger w/ Yukon Chips	890	480	53	32	2	95	1380	72	9	8	33
Beef Cheeseburger (American) w/ Carrots	690	360	39	18	2	125	1600	51	4	11	36
Beef Cheeseburger (American) w/ Coleslaw	770	410	45	19	2	130	1900	55	4	14	37
Beef Cheeseburger (American) w/ Mandarin Oranges	730	360	39	18	2	125	1580	60	5	21	37
Beef Cheeseburger (American) w/ Side Salad	760	400	44	20	2.5	135	1710	55	5	11	40
Beef Cheeseburger (American) w/ Yukon Chips	1010	570	63	38	2	125	1950	74	9	9	39
Beef Cheeseburger (Cheddar) w/ Carrots	690	350	39	17	2	125	1210	49	4	10	38
Beef Cheeseburger (Cheddar) w/ Coleslaw	770	400	45	18	2	130	1510	53	4	12	39
Beef Cheeseburger (Cheddar) w/ Mandarin Oranges	730	350	39	17	2	125	1190	59	5	19	39
Beef Cheeseburger (Cheddar) w/ Side Salad	760	390	43	19	2	135	1320	53	5	10	42
Beef Cheeseburger (Cheddar) w/ Yukon Chips	1010	560	62	38	2	125	1560	72	9	8	41
Beef Cheeseburger (Pepper-Jack) w/ Carrots	680	340	38	17	2	120	1220	49	4	10	38
Beef Cheeseburger (Pepper-Jack) w/ Coleslaw	760	400	44	18	2	125	1520	53	4	12	38
Beef Cheeseburger (Pepper-Jack) w/ Mandarin Oranges	720	340	38	17	2	120	1200	59	5	19	39
Beef Cheeseburger (Pepper-Jack) w/ Side Salad	750	380	42	19	2	130	1330	53	5	10	42
Beef Cheeseburger (Pepper-Jack) w/ Yukon Chips	1000	560	61	38	2	120	1570	72	9	8	40
Beef Cheeseburger (Swiss) w/ Carrots	690	350	38	17	2	120	1090	49	4	10	39
Beef Cheeseburger (Swiss) w/ Coleslaw	760	400	44	18	2	130	1390	53	4	12	39
Beef Cheeseburger (Swiss) w/ Mandarin Oranges	730	350	38	17	2	120	1070	59	5	19	40
Beef Cheeseburger (Swiss) w/ Side Salad	760	390	43	19	2	135	1200	53	5	10	43
Beef Cheeseburger (Swiss) w/ Yukon Chips	1000	560	62	38	2	125	1430	72	9	8	41
Chicken Burger w/ Carrots	350	40	4.5	1	0	80	900	46	4	10	35
Chicken Burger w/ Coleslaw	430	90	10	2	0	90	1200	50	5	12	36
Chicken Burger w/ Mandarin Oranges	390	40	4	1	0	80	880	55	5	19	36
Chicken Burger w/ Side Salad	420	80	9	3	0	95	1020	50	5	10	39
Chicken Burger w/ Yukon Chips	670	250	28	21	0	85	1250	69	9	8	37
Chicken Cheeseburger (American) w/ Carrots	470	130	14	7	0.5	115	1470	48	4	11	40
Chicken Cheeseburger (American) w/ Coleslaw	540	180	20	8	0.5	120	1770	52	5	14	41
Chicken Cheeseburger (American) w/ Mandarin Oranges	500	130	14	7	0.5	115	1450	58	5	21	41
Chicken Cheeseburger (American) w/ Side Salad	530	160	18	9	0.5	125	1590	52	5	11	44
Chicken Cheeseburger (American) w/ Yukon Chips	780	340	37	28	0.5	115	1820	72	9	9	43
Chicken Cheeseburger (Cheddar) w/ Carrots	470	120	14	6	0.5	110	1080	47	4	10	42
Chicken Cheeseburger (Cheddar) w/ Coleslaw	540	170	19	7	0.5	115	1390	51	5	12	43
Chicken Cheeseburger (Cheddar) w/ Mandarin Oranges	510	120	14	6	0.5	110	1060	56	5	19	43
Chicken Cheeseburger (Cheddar) w/ Side Salad	540	160	18	8	0.5	120	1200	50	5	10	46
Chicken Cheeseburger (Cheddar) w/ Yukon Chips	780	330	37	27	0.5	110	1430	70	9	8	44
Chicken Cheeseburger (Pepper-Jack) w/ Carrots	460	110	13	6	0.5	110	1090	47	4	10	42
Chicken Cheeseburger (Pepper-Jack) w/ Coleslaw	530	160	18	7	0.5	115	1390	51	5	12	42
Chicken Cheeseburger (Pepper-Jack) w/ Mandarin Oranges	500	110	13	6	0.5	110	1070	56	5	19	42
Chicken Cheeseburger (Pepper-Jack) w/ Side Salad	530	150	17	8	0.5	120	1210	50	5	10	46
Chicken Cheeseburger (Pepper-Jack) w/ Yukon Chips	770	320	36	27	0.5	110	1440	70	9	8	44
Chicken Cheeseburger (Swiss) w/ Carrots	470	120	13	7	0.5	110	960	47	4	10	43
Chicken Cheeseburger (Swiss) w/ Coleslaw	540	170	19	7	0.5	115	1260	51	5	12	43
Chicken Cheeseburger (Swiss) w/ Mandrin Oranges	500	120	13	7	0.5	110	940	56	5	19	44
Chicken Cheeseburger (Swiss) w/ Side Salad	530	160	17	9	0.5	120	1080	50	5	10	47
Chicken Cheeseburger (Swiss) w/ Yukon Chips	780	330	36	27	0.5	110	1310	70	9	8	45
Crispy Chicken Burger w/ Carrots	670	270	30	6	0	85	1320	63	5	10	39
Crispy Chicken Burger w/ Coleslaw	750	320	36	7	0	90	1620	67	5	12	39
Crispy Chicken Burger w/ Mandarin Oranges	710	270	30	6	0	85	1300	72	5	20	40
Crispy Chicken Burger w/ Side Salad	740	310	35	8	0	95	1430	66	5	10	43
Crispy Chicken Burger w/ Yukon Chips	990	490	54	26	0	85	1670	86	9	8	41
Crispy Chicken Cheeseburger (American) w/ Carrots	790	360	40	12	0.5	115	1890	65	5	11	44
Crispy Chicken Cheeseburger (American) w/ Coleslaw	860	410	46	13	0.5	120	2190	69	5	14	45
Crispy Chicken Cheeseburger (American) w/ Mandarin Oranges	820	360	40	12	0.5	115	1870	74	5	21	45
Crispy Chicken Cheeseburger (American) w/ Side Salad	850	400	45	14	0.5	125	2000	69	5	11	48
Crispy Chicken Cheeseburger (American) w/ Yukon Chips	1100	570	64	32	0.5	115	2240	88	9	10	46
Crispy Chicken Cheeseburger (Cheddar) w/ Carrots	790	360	40	11	0.5	115	1500	63	5	10	46
Crispy Chicken Cheeseburger (Cheddar) w/ Coleslaw	860	410	46	12	0.5	120	1800	67	5	12	46
Crispy Chicken Cheeseburger (Cheddar) w/ Mandarin Oranges	830	360	40	11	0.5	115	1480	73	5	20	47

BOX MEALS continued

	Total Calories (kcal)	Calories From Fat (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
Crispy Chicken Cheeseburger (Cheddar) w/ Side Salad	860	400	44	13	0.5	125	1620	67	5	10	50
Crispy Chicken Cheeseburger (Cheddar) w/ Yukon Chips	1100	570	63	32	0.5	115	1850	86	9	8	48
Crispy Chicken Cheeseburger (Pepper-Jack) w/ Carrots	780	350	39	11	0.5	110	1510	63	5	10	45
Crispy Chicken Cheeseburger (Pepper-Jack) w/ Coleslaw	850	400	45	12	0.5	115	1810	67	5	12	46
Crispy Chicken Cheeseburger (Pepper-Jack) w/ Mandarin Oranges	810	350	39	11	0.5	110	1490	73	5	20	46
Crispy Chicken Cheeseburger (Pepper-Jack) w/ Side Salad	840	390	43	13	0.5	120	1630	67	5	10	49
Crispy Chicken Cheeseburger (Pepper-Jack) w/ Yukon Chips	1090	560	62	31	0.5	110	1860	86	9	8	48
Crispy Chicken Cheeseburger (Swiss) w/ Carrots	790	350	39	11	0.5	110	1380	63	5	10	47
Crispy Chicken Cheeseburger (Swiss) w/ Coleslaw	860	400	45	12	0.5	120	1680	67	5	12	47
Crispy Chicken Cheeseburger (Swiss) w/ Mandarin Oranges	820	350	39	11	0.5	110	1360	73	5	20	47
Crispy Chicken Cheeseburger (Swiss) w/ Side Salad	850	390	44	13	0.5	120	1490	67	5	10	50
Crispy Chicken Cheeseburger (Swiss) w/ Yukon Chips	1100	560	63	32	0.5	115	1730	86	9	8	49
Crispy Chicken Wrap w/ Carrots	1120	600	67	17	0.5	95	1990	88	6	7	31
Crispy Chicken Wrap w/ Coleslaw	1190	650	73	18	0.5	100	2290	92	6	10	32
Crispy Chicken Wrap w/ Mandarin Oranges	1160	600	67	17	0.5	95	1970	98	6	17	32
Crispy Chicken Wrap w/ Side Salad	1190	640	71	19	0.5	105	2100	92	6	7	35
Crispy Chicken Wrap w/ Yukon Chips	1430	810	90	37	0.5	95	2190	111	10	6	33
GF Beef Burger w/ Carrots	580	280	31	11	1.5	95	1120	50	5	10	28
GF Beef Burger w/ Coleslaw	660	330	37	12	2	100	1430	54	5	12	29
GF Beef Burger w/ Mandarin Oranges	620	280	31	11	1.5	95	1100	59	5	20	29
GF Beef Burger w/ Side Salad	650	320	35	13	2	105	1240	53	5	10	32
GF Beef Burger w/ Yukon Chips	900	490	54	32	2	95	1470	73	9	8	30
GF Beef Cheeseburger (American) w/ Carrots	700	370	41	17	2	125	1690	52	5	11	33
GF Beef Cheeseburger (American) w/ Coleslaw	770	420	46	18	2	130	2000	56	5	14	34
GF Beef Cheeseburger (American) w/ Mandarin Oranges	730	370	41	17	2	125	1670	61	5	21	34
GF Beef Cheeseburger (American) w/ Side Salad	760	410	45	20	2	135	1810	56	5	12	37
GF Beef Cheeseburger (American) w/ Yukon Chips	1010	580	64	38	2	125	2040	75	9	10	36
GF Beef Cheeseburger (Cheddar) w/ Carrots	700	370	40	17	2	125	1310	50	5	10	35
GF Beef Cheeseburger (Cheddar) w/ Coleslaw	770	420	46	18	2	130	1610	54	5	12	36
GF Beef Cheeseburger (Cheddar) w/ Mandarin Oranges	730	370	40	17	2	125	1280	60	5	20	36
GF Beef Cheeseburger (Cheddar) w/ Side Salad	760	400	45	19	2	135	1420	54	5	10	39
GF Beef Cheeseburger (Cheddar) w/ Yukon Chips	1010	580	64	37	2	125	1650	73	9	8	37
GF Beef Cheeseburger (Pepper-Jack) w/ Carrots	690	360	39	17	2	120	1320	50	5	10	35
GF Beef Cheeseburger (Pepper-Jack) w/ Coleslaw	760	410	45	18	2	125	1620	54	5	13	35
GF Beef Cheeseburger (Pepper-Jack) w/ Mandarin Oranges	720	360	39	17	2	120	1290	60	5	20	35
GF Beef Cheeseburger (Pepper-Jack) w/ Side Salad	750	400	44	19	2	130	1430	54	5	10	39
GF Beef Cheeseburger (Pepper-Jack) w/ Yukon Chips	1000	570	63	37	2	120	1660	73	9	8	37
GF Beef Cheeseburger (Swiss) w/ Carrots	690	360	40	17	2	120	1180	50	5	10	36
GF Beef Cheeseburger (Swiss) w/ Coleslaw	770	410	45	18	2	130	1490	54	5	12	36
GF Beef Cheeseburger (Swiss) w/ Mandarin Oranges	730	360	40	17	2	120	1160	60	5	20	36
GF Beef Cheeseburger (Swiss) w/ Side Salad	760	400	44	19	2	130	1300	54	5	10	40
GF Beef Cheeseburger (Swiss) w/ Yukon Chips	1010	570	63	37	2	125	1530	73	9	8	38
GF Chicken Burger w/ Carrots	360	50	6	0.5	0	80	1000	47	5	10	32
GF Chicken Burger w/ Coleslaw	430	100	11	1.5	0	90	1300	51	5	12	33
GF Chicken Burger w/ Mandarin Oranges	400	50	6	0.5	0	80	980	56	6	20	33
GF Chicken Burger w/ Side Salad	420	90	10	2.5	0	95	1110	50	5	9	36
GF Chicken Burger w/ Yukon Chips	670	260	29	21	0	85	1340	70	10	8	34
GF Chicken Cheeseburger (American) w/ Carrots	470	140	15	7	0.5	115	1570	49	5	11	37
GF Chicken Cheeseburger (American) w/ Coleslaw	550	190	21	7	0.5	120	1870	53	5	14	38
GF Chicken Cheeseburger (American) w/ Mandarin Oranges	510	140	15	7	0.5	115	1550	59	6	21	38
GF Chicken Cheeseburger (American) w/ Side Salad	540	180	20	9	0.5	125	1680	53	6	12	41
GF Chicken Cheeseburger (American) w/ Yukon Chips	790	350	39	27	0.5	115	1910	73	10	10	40
GF Chicken Cheeseburger (Cheddar) w/ Carrots	470	140	15	6	0.5	110	1180	48	5	10	39
GF Chicken Cheeseburger (Cheddar) w/ Coleslaw	550	190	21	7	0.5	115	1480	52	5	13	40
GF Chicken Cheeseburger (Cheddar) w/ Mandarin Oranges	510	130	15	6	0.5	110	1160	57	6	20	40
GF Chicken Cheeseburger (Cheddar) w/ Side Salad	540	170	19	8	0.5	120	1290	51	6	10	43
GF Chicken Cheeseburger (Cheddar) w/ Yukon Chips	790	350	38	26	0.5	110	1520	71	10	8	41
GF Chicken Cheeseburger (Pepper-Jack) w/ Carrots	460	130	14	6	0.5	110	1190	48	5	10	39
GF Chicken Cheeseburger (Pepper-Jack) w/ Coleslaw	540	180	20	7	0.5	115	1490	52	5	13	39
GF Chicken Cheeseburger (Pepper-Jack) w/ Mandarin Oranges	500	130	14	6	0.5	110	1170	57	6	20	39
GF Chicken Cheeseburger (Pepper-Jack) w/ Side Salad	530	170	18	8	0.5	120	1300	51	6	10	43
GF Chicken Cheeseburger (Pepper-Jack) w/ Yukon Chips	780	340	38	26	0.5	110	1530	71	10	8	41
GF Chicken Cheeseburger (Swiss) w/ Carrots	470	130	14	6	0.5	110	1060	48	5	10	40

BOX MEALS continued

	Total Calories (kcal)	Calories From Fat (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
GF Chicken Cheeseburger (Swiss) w/ Coleslaw	540	180	20	7	0.5	115	1360	52	5	12	40
GF Chicken Cheeseburger (Swiss) w/ Mandarin Oranges	510	130	14	6	0.5	110	1040	57	6	20	40
GF Chicken Cheeseburger (Swiss) w/ Side Salad	540	170	19	8	0.5	120	1170	51	6	10	44
GF Chicken Cheeseburger (Swiss) w/ Yukon Chips	780	340	38	26	0.5	110	1400	71	10	8	42
GF Crispy Chicken Burger w/ Carrots	680	290	32	5	0	85	1420	64	5	10	36
GF Crispy Chicken Burger w/ Coleslaw	750	340	38	6	0	90	1720	68	6	13	36
GF Crispy Chicken Burger w/ Mandarin Oranges	710	290	32	5	0	85	1390	73	6	20	36
GF Crispy Chicken Burger w/ Side Salad	740	330	36	7	0	95	1530	67	6	10	40
GF Crispy Chicken Burger w/ Yukon Chips	990	500	55	26	0	85	1760	87	10	9	38
GF Crispy Chicken Cheeseburger (American) w/ Carrots	790	380	42	11	0.5	115	1990	66	5	12	41
GF Crispy Chicken Cheeseburger (American) w/ Coleslaw	870	430	47	12	0.5	120	2290	70	6	14	41
GF Crispy Chicken Cheeseburger (American) w/ Mandarin Oranges	830	370	42	11	0.5	115	1960	75	6	21	42
GF Crispy Chicken Cheeseburger (American) w/ Side Salad	860	410	46	13	0.5	125	2100	70	6	12	45
GF Crispy Chicken Cheeseburger (American) w/ Yukon Chips	1110	590	65	32	0.5	115	2330	89	10	10	43
GF Crispy Chicken Cheeseburger (Cheddar) w/ Carrots	790	370	41	11	0.5	110	1600	64	5	10	43
GF Crispy Chicken Cheeseburger (Cheddar) w/ Coleslaw	870	420	47	12	0.5	120	1900	68	6	13	43
GF Crispy Chicken Cheeseburger (Cheddar) w/ Mandarin Oranges	830	370	41	11	0.5	110	1580	74	6	20	43
GF Crispy Chicken Cheeseburger (Cheddar) w/ Side Salad	860	410	46	13	0.5	125	1710	68	6	10	47
GF Crispy Chicken Cheeseburger (Cheddar) w/ Yukon Chips	1110	580	65	31	0.5	115	1940	87	10	9	45
GF Crispy Chicken Cheeseburger (Pepper-Jack) w/ Carrots	780	360	40	10	0.5	110	1610	64	5	10	42
GF Crispy Chicken Cheeseburger (Pepper-Jack) w/ Coleslaw	860	410	46	11	0.5	115	1910	68	6	13	43
GF Crispy Chicken Cheeseburger (Pepper-Jack) w/ Mandarin Oranges	820	360	40	10	0.5	110	1590	74	6	20	43
GF Crispy Chicken Cheeseburger (Pepper-Jack) w/ Side Salad	850	400	45	13	0.5	120	1720	68	6	10	46
GF Crispy Chicken Cheeseburger (Pepper-Jack) w/ Yukon Chips	1100	570	64	31	0.5	110	1950	87	10	9	45
GF Crispy Chicken Cheeseburger (Swiss) w/ Carrots	790	370	41	11	0.5	110	1480	64	5	10	43
GF Crispy Chicken Cheeseburger (Swiss) w/ Coleslaw	860	420	46	12	0.5	120	1780	68	6	13	44
GF Crispy Chicken Cheeseburger (Swiss) w/ Mandarin Oranges	830	370	41	11	0.5	110	1450	74	6	20	44
GF Crispy Chicken Cheeseburger (Swiss) w/ Side Salad	860	400	45	13	0.5	120	1590	68	6	10	47
GF Crispy Chicken Cheeseburger (Swiss) w/ Yukon Chips	1100	580	64	31	0.5	115	1820	87	10	9	46
GF Impossible Burger w/ Carrots	480	170	18	8	0	0	1110	57	9	10	24
GF Impossible Burger w/ Coleslaw	560	220	24	9	0	10	1410	61	10	12	24
GF Impossible Burger w/ Mandarin Oranges	520	170	18	8	0	0	1090	66	10	19	25
GF Impossible Burger w/ Side Salad	550	200	23	10	0	10	1220	61	10	10	28
GF Impossible Burger w/ Yukon Chips	800	380	42	28	0	0	1460	80	14	8	26
GF Impossible Cheeseburger (American) w/ Carrots	600	250	28	14	0.5	30	1680	59	9	11	29
GF Impossible Cheeseburger (American) w/ Coleslaw	670	300	34	15	0.5	40	1980	63	10	14	30
GF Impossible Cheeseburger (American) w/ Mandarin Oranges	630	250	28	14	0.5	30	1660	69	10	21	30
GF Impossible Cheeseburger (American) w/ Side Salad	660	290	32	16	0.5	40	1790	63	10	11	33
GF Impossible Cheeseburger (American) w/ Yukon Chips	910	470	52	34	0.5	35	2030	83	14	10	31
GF Impossible Cheeseburger (Cheddar) w/ Carrots	600	250	28	13	0.5	30	1290	58	9	10	31
GF Impossible Cheeseburger (Cheddar) w/ Coleslaw	670	300	33	14	0.5	35	1590	62	10	12	31
GF Impossible Cheeseburger (Cheddar) w/ Mandarin Oranges	630	250	28	13	0.5	30	1270	67	10	19	32
GF Impossible Cheeseburger (Cheddar) w/ Side Salad	660	290	32	15	0.5	40	1400	61	10	10	35
GF Impossible Cheeseburger (Cheddar) w/ Yukon Chips	910	460	51	34	0.5	30	1640	81	14	8	33
GF Impossible Cheeseburger (Pepper-Jack) w/ Carrots	590	240	27	13	0.5	30	1300	58	9	10	31
GF Impossible Cheeseburger (Pepper-Jack) w/ Coleslaw	660	290	32	14	0.5	35	1600	62	10	12	31
GF Impossible Cheeseburger (Pepper-Jack) w/ Mandarin Oranges	620	240	27	13	0.5	30	1280	67	10	20	31
GF Impossible Cheeseburger (Pepper-Jack) w/ Side Salad	650	280	31	15	0.5	40	1410	61	10	10	34
GF Impossible Cheeseburger (Pepper-Jack) w/ Yukon Chips	900	450	50	33	0.5	30	1500	81	14	8	33
GF Impossible Cheeseburger (Swiss) w/ Carrots	590	240	27	13	0.5	30	1170	58	9	10	32
GF Impossible Cheeseburger (Swiss) w/ Coleslaw	670	300	33	14	0.5	35	1470	62	10	12	32
GF Impossible Cheeseburger (Swiss) w/ Mandarin Oranges	630	240	27	13	0.5	30	1150	67	10	19	32
GF Impossible Cheeseburger (Swiss) w/ Side Salad	660	280	31	15	0.5	40	1280	61	10	10	35
GF Impossible Cheeseburger (Swiss) w/ Yukon Chips	910	460	51	34	0.5	30	1510	81	14	8	34
GF Turkey Burger w/ Carrots	490	190	21	4.5	0	105	1310	48	5	10	30
GF Turkey Burger w/ Coleslaw	560	240	26	6	0.5	110	1610	52	5	12	30
GF Turkey Burger w/ Mandarin Oranges	520	190	21	4.5	0	105	1290	57	5	20	30
GF Turkey Burger w/ Side Salad	550	230	25	7	0.5	115	1420	51	5	10	33
GF Turkey Burger w/ Yukon Chips	800	400	44	25	0.5	105	1660	71	9	8	32
GF Turkey Cheeseburger (American) w/ Carrots	600	280	30	11	0.5	135	1880	50	5	11	35
GF Turkey Cheeseburger (American) w/ Coleslaw	670	330	36	12	0.5	140	2180	54	5	14	35
GF Turkey Cheeseburger (American) w/ Mandarin Oranges	640	280	30	11	0.5	135	1860	59	5	21	35
GF Turkey Cheeseburger (American) w/ Side Salad	670	310	35	13	0.5	145	2000	54	5	11	39

BOX MEALS continued

	Total Calories (kcal)	Calories From Fat (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
GF Turkey Cheeseburger (American) w/ Yukon Chips	910	490	54	31	0.5	135	2230	73	9	10	37
GF Turkey Cheeseburger (Cheddar) w/ Carrots	600	270	30	10	0.5	130	1490	48	5	10	37
GF Turkey Cheeseburger (Cheddar) w/ Coleslaw	670	320	36	11	0.5	135	1790	52	5	12	37
GF Turkey Cheeseburger (Cheddar) w/ Mandarin Oranges	640	270	30	10	0.5	130	1470	58	5	20	37
GF Turkey Cheeseburger (Cheddar) w/ Side Salad	670	310	34	12	0.5	140	1610	52	5	10	40
GF Turkey Cheeseburger (Cheddar) w/ Yukon Chips	920	480	53	31	0.5	130	1840	71	9	8	39
GF Turkey Cheeseburger (Pepper-Jack) w/ Carrots	590	260	29	10	0.5	130	1500	48	5	10	36
GF Turkey Cheeseburger (Pepper-Jack) w/ Coleslaw	660	310	35	11	0.5	135	1800	52	5	12	37
GF Turkey Cheeseburger (Pepper-Jack) w/ Mandarin Oranges	630	260	29	10	0.5	130	1480	58	5	20	37
GF Turkey Cheeseburger (Pepper-Jack) w/ Side Salad	660	300	33	12	0.5	140	1620	52	5	10	40
GF Turkey Cheeseburger (Pepper-Jack) w/ Yukon Chips	900	480	52	30	0.5	130	1850	71	9	8	38
GF Turkey Cheeseburger (Swiss) w/ Carrots	600	270	29	10	0.5	130	1370	48	5	10	37
GF Turkey Cheeseburger (Swiss) w/ Coleslaw	670	320	35	11	0.5	135	1670	52	5	12	38
GF Turkey Cheeseburger (Swiss) w/ Mandarin Oranges	630	270	29	10	0.5	130	1350	58	5	20	38
GF Turkey Cheeseburger (Swiss) w/ Side Salad	660	310	34	12	0.5	140	1480	52	5	10	41
GF Turkey Cheeseburger (Swiss) w/ Yukon Chips	910	480	53	31	0.5	130	1720	71	9	8	39
GF Veggie Burger w/ Carrots	370	80	9	0.5	0	0	1080	64	11	14	12
GF Veggie Burger w/ Coleslaw	440	130	14	1.5	0	5	1380	68	12	17	12
GF Veggie Burger w/ Mandarin Oranges	400	80	9	0.5	0	0	1060	73	12	24	13
GF Veggie Burger w/ Side Salad	430	120	13	2.5	0	10	1190	68	12	15	16
GF Veggie Burger w/ Yukon Chips	680	290	32	21	0	0	1430	87	16	13	14
GF Veggie Cheeseburger (American) w/ Carrots	480	170	18	7	0.5	30	1650	66	11	16	17
GF Veggie Cheeseburger (American) w/ Coleslaw	560	220	24	8	0.5	35	1950	70	12	18	18
GF Veggie Cheeseburger (American) w/ Mandarin Oranges	520	170	18	7	0.5	30	1630	76	12	25	18
GF Veggie Cheeseburger (American) w/ Side Salad	550	200	23	9	0.5	40	1760	70	12	16	21
GF Veggie Cheeseburger (American) w/ Yukon Chips	800	380	42	27	0.5	30	2000	89	16	14	19
GF Veggie Cheeseburger (Cheddar) w/ Carrots	480	160	18	6	0.5	30	1260	65	11	14	19
GF Veggie Cheeseburger (Cheddar) w/ Coleslaw	560	210	24	7	0.5	35	1560	69	12	17	19
GF Veggie Cheeseburger (Cheddar) w/ Mandarin Oranges	520	160	18	6	0.5	30	1240	74	12	24	20
GF Veggie Cheeseburger (Cheddar) w/ Side Salad	550	200	22	8	0.5	40	1370	68	12	15	23
GF Veggie Cheeseburger (Cheddar) w/ Yukon Chips	800	370	41	26	0.5	30	1610	88	16	13	21
GF Veggie Cheeseburger (Pepper-Jack) w/ Carrots	470	150	17	6	0.5	25	1270	65	11	14	19
GF Veggie Cheeseburger (Pepper-Jack) w/ Coleslaw	550	200	23	7	0.5	35	1570	69	12	17	19
GF Veggie Cheeseburger (Pepper-Jack) w/ Mandarin Oranges	510	150	17	6	0.5	25	1250	74	12	24	19
GF Veggie Cheeseburger (Pepper-Jack) w/ Side Salad	540	190	21	8	0.5	35	1380	68	12	15	22
GF Veggie Cheeseburger (Pepper-Jack) w/ Yukon Chips	790	360	40	26	0.5	25	1620	88	16	13	21
GF Veggie Cheeseburger (Swiss) w/ Carrots	480	160	17	6	0.5	30	1140	65	11	14	20
GF Veggie Cheeseburger (Swiss) w/ Coleslaw	550	210	23	7	0.5	35	1440	69	12	17	20
GF Veggie Cheeseburger (Swiss) w/ Mandarin Oranges	520	160	17	6	0.5	30	1120	74	12	24	20
GF Veggie Cheeseburger (Swiss) w/ Side Salad	550	190	22	8	0.5	40	1250	68	12	15	23
GF Veggie Cheeseburger (Swiss) w/ Yukon Chips	790	370	41	27	0.5	30	1490	88	16	13	22
Impossible Burger w/ Carrots	480	150	17	8	0	0	1010	56	9	10	27
Impossible Burger w/ Coleslaw	550	200	23	9	0	10	1320	60	9	12	28
Impossible Burger w/ Mandarin Oranges	510	150	17	8	0	0	990	65	9	19	28
Impossible Burger w/ Side Salad	540	190	21	10	0	10	1130	60	9	10	31
Impossible Burger w/ Yukon Chips	790	360	40	29	0	0	1360	79	13	8	29
Impossible Cheeseburger (American) w/ Carrots	590	240	27	14	0.5	30	1580	58	9	11	32
Impossible Cheeseburger (American) w/ Coleslaw	670	290	32	15	0.5	40	1890	62	9	13	33
Impossible Cheeseburger (American) w/ Mandarin Oranges	630	240	27	14	0.5	30	1560	68	9	21	33
Impossible Cheeseburger (American) w/ Side Salad	660	280	31	16	0.5	45	1700	62	9	11	36
Impossible Cheeseburger (American) w/ Yukon Chips	910	450	50	35	0.5	35	1930	82	13	9	35
Impossible Cheeseburger (Cheddar) w/ Carrots	590	240	26	14	0.5	30	1200	57	9	10	34
Impossible Cheeseburger (Cheddar) w/ Coleslaw	670	290	32	15	0.5	35	1500	61	9	12	35
Impossible Cheeseburger (Cheddar) w/ Mandarin Oranges	630	240	26	14	0.5	30	1170	66	9	19	35
Impossible Cheeseburger (Cheddar) w/ Side Salad	660	280	30	16	0.5	40	1310	60	9	10	38
Impossible Cheeseburger (Cheddar) w/ Yukon Chips	910	450	50	34	0.5	30	1540	80	13	8	36
Impossible Cheeseburger (Pepper-Jack) w/ Carrots	580	230	25	13	0.5	30	1210	57	9	10	34
Impossible Cheeseburger (Pepper-Jack) w/ Coleslaw	660	280	31	14	0.5	35	1510	61	9	12	34
Impossible Cheeseburger (Pepper-Jack) w/ Mandarin Oranges	620	230	25	13	0.5	30	1180	66	9	19	34
Impossible Cheeseburger (Pepper-Jack) w/ Side Salad	650	270	30	15	0.5	40	1320	60	9	10	38
Impossible Cheeseburger (Pepper-Jack) w/ Yukon Chips	900	440	49	34	0.5	30	1550	80	13	8	36
Impossible Cheeseburger (Swiss) w/ Carrots	590	230	26	14	0.5	30	1070	57	9	10	35
Impossible Cheeseburger (Swiss) w/ Coleslaw	660	280	31	15	0.5	35	1380	61	9	12	35

BOX MEALS continued

	Total Calories (kcal)	Calories From Fat (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
Impossible Cheeseburger (Swiss) w/ Mandarin Oranges	630	230	26	14	0.5	30	1050	66	9	19	35
Impossible Cheeseburger (Swiss) w/ Side Salad	660	270	30	16	0.5	40	1190	60	9	10	39
Impossible Cheeseburger (Swiss) w/ Yukon Chips	900	440	49	34	0.5	30	1420	80	13	8	37
Turkey Burger w/ Carrots	480	180	19	5	0	105	1220	47	4	10	33
Turkey Burger w/ Coleslaw	560	230	25	6	0.5	110	1520	51	4	12	33
Turkey Burger w/ Mandarin Oranges	520	170	19	5	0	105	1200	56	5	19	33
Turkey Burger w/ Side Salad	550	210	23	7	0.5	115	1330	50	5	10	37
Turkey Burger w/ Yukon Chips	800	390	43	26	0.5	105	1560	70	9	8	35
Turkey Cheeseburger (American) w/ Carrots	600	260	29	11	0.5	135	1790	49	4	11	38
Turkey Cheeseburger (American) w/ Coleslaw	670	310	35	12	0.5	140	2090	53	4	13	38
Turkey Cheeseburger (American) w/ Mandarin Oranges	630	260	29	11	0.5	135	1770	58	5	21	39
Turkey Cheeseburger (American) w/ Side Salad	660	300	33	13	0.5	145	1900	53	5	11	42
Turkey Cheeseburger (American) w/ Yukon Chips	910	470	52	32	0.5	135	2130	72	9	9	40
Turkey Cheeseburger (Cheddar) w/ Carrots	600	260	28	11	0.5	130	1400	47	4	10	40
Turkey Cheeseburger (Cheddar) w/ Coleslaw	670	310	34	12	0.5	135	1700	51	4	12	40
Turkey Cheeseburger (Cheddar) w/ Mandarin Oranges	630	260	28	11	0.5	130	1380	57	5	19	40
Turkey Cheeseburger (Cheddar) w/ Side Salad	660	300	33	13	0.5	140	1510	51	5	10	44
Turkey Cheeseburger (Cheddar) w/ Yukon Chips	910	470	52	31	0.5	130	1740	70	9	8	42
Turkey Cheeseburger (Pepper-Jack) w/ Carrots	590	250	27	11	0.5	130	1410	47	4	10	39
Turkey Cheeseburger (Pepper-Jack) w/ Coleslaw	660	300	33	11	0.5	135	1710	51	4	12	40
Turkey Cheeseburger (Pepper-Jack) w/ Mandarin Oranges	620	250	27	11	0.5	130	1390	57	5	19	40
Turkey Cheeseburger (Pepper-Jack) w/ Side Salad	650	290	32	13	0.5	140	1520	51	5	10	43
Turkey Cheeseburger (Pepper-Jack) w/ Yukon Chips	900	460	51	31	0.5	130	1750	70	9	8	42
Turkey Cheeseburger (Swiss) w/ Carrots	590	250	28	11	0.5	130	1280	47	4	10	40
Turkey Cheeseburger (Swiss) w/ Coleslaw	670	300	34	12	0.5	135	1580	51	4	12	41
Turkey Cheeseburger (Swiss) w/ Mandarin Oranges	630	250	28	11	0.5	130	1250	57	5	19	41
Turkey Cheeseburger (Swiss) w/ Side Salad	660	290	32	13	0.5	140	1390	51	5	10	44
Turkey Cheeseburger (Swiss) w/ Yukon Chips	910	460	51	31	0.5	130	1620	70	9	8	43
Veggie Burger w/ Carrots	360	60	7	1	0	0	980	63	11	14	15
Veggie Burger w/ Coleslaw	440	110	13	2	0	5	1290	67	11	17	16
Veggie Burger w/ Mandarin Oranges	400	60	7	1	0	0	960	72	11	24	16
Veggie Burger w/ Side Salad	430	100	11	3	0	10	1100	67	11	14	19
Veggie Burger w/ Yukon Chips	680	280	31	22	0	0	1330	86	15	12	17
Veggie Cheeseburger (American) w/ Carrots	480	150	17	7	0.5	30	1560	65	11	15	20
Veggie Cheeseburger (American) w/ Coleslaw	550	200	23	8	0.5	40	1860	69	11	18	21
Veggie Cheeseburger (American) w/ Mandarin Oranges	510	150	17	7	0.5	30	1530	75	11	25	21
Veggie Cheeseburger (American) w/ Side Salad	540	190	21	9	0.5	40	1670	69	11	16	24
Veggie Cheeseburger (American) w/ Yukon Chips	790	360	40	28	0.5	30	1900	88	15	14	23
Veggie Cheeseburger (Cheddar) w/ Carrots	480	150	16	7	0.5	30	1170	64	11	14	22
Veggie Cheeseburger (Cheddar) w/ Coleslaw	550	200	22	7	0.5	35	1470	68	11	17	23
Veggie Cheeseburger (Cheddar) w/ Mandarin Oranges	520	150	16	7	0.5	30	1140	73	11	24	23
Veggie Cheeseburger (Cheddar) w/ Side Salad	550	190	21	9	0.5	40	1280	67	11	14	26
Veggie Cheeseburger (Cheddar) w/ Yukon Chips	790	360	40	27	0.5	30	1510	87	15	12	24
Veggie Cheeseburger (Pepper-Jack) w/ Carrots	470	140	16	6	0.5	25	1180	64	11	14	22
Veggie Cheeseburger (Pepper-Jack) w/ Coleslaw	540	190	21	7	0.5	35	1480	68	11	17	22
Veggie Cheeseburger (Pepper-Jack) w/ Mandarin Oranges	500	140	16	6	0.5	25	1150	73	11	24	22
Veggie Cheeseburger (Pepper-Jack) w/ Side Salad	530	180	20	8	0.5	35	1290	67	11	14	26
Veggie Cheeseburger (Pepper-Jack) w/ Yukon Chips	780	350	39	27	0.5	30	1520	87	15	12	24
Veggie Cheeseburger (Swiss) w/ Carrots	480	140	16	7	0.5	30	1040	64	11	14	23
Veggie Cheeseburger (Swiss) w/ Coleslaw	550	190	22	8	0.5	35	1350	68	11	17	23
Veggie Cheeseburger (Swiss) w/ Mandarin Oranges	510	140	16	7	0.5	30	1020	73	11	24	23
Veggie Cheeseburger (Swiss) w/ Side Salad	540	180	20	9	0.5	40	1160	67	11	14	27
Veggie Cheeseburger (Swiss) w/ Yukon Chips	790	350	39	27	0.5	30	1390	87	15	12	25
Wedgie Style Beef Burger w/ Carrots	390	240	13	95	27	25	11	660	3	6	1.5
Wedgie Style Beef Burger w/ Coleslaw	460	290	17	100	32	26	12	960	4	8	2
Wedgie Style Beef Burger w/ Mandarin Oranges	430	240	22	95	27	26	11	630	4	15	1.5
Wedgie Style Beef Burger w/ Side Salad	460	280	17	105	31	29	13	770	4	6	2
Wedgie Style Beef Burger w/ Yukon Chips	700	460	36	95	50	27	32	1000	8	4	2
Wedgie Style Beef Cheeseburger (American) w/ Carrots	500	330	15	125	37	30	17	1230	3	7	2
Wedgie Style Beef Cheeseburger (American) w/ Coleslaw	580	380	19	130	42	31	18	1530	4	10	2
Wedgie Style Beef Cheeseburger (American) w/ Mandarin Oranges	540	330	25	125	37	31	17	1200	4	17	2
Wedgie Style Beef Cheeseburger (American) w/ Side Salad	570	370	19	135	41	34	20	1340	4	7	2
Wedgie Style Beef Cheeseburger (American) w/ Yukon Chips	820	540	39	125	60	33	38	1570	8	5	2

BOX MEALS continued

	Total Calories (kcal)	Calories From Fat (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
Wedgie Style Beef Cheeseburger (Cheddar) w/ Carrots	500	330	14	120	36	32	17	840	3	6	2
Wedgie Style Beef Cheeseburger (Cheddar) w/ Coleslaw	580	380	18	130	42	33	18	1140	4	8	2
Wedgie Style Beef Cheeseburger (Cheddar) w/ Mandarin Oranges	540	330	23	120	36	33	17	810	4	15	2
Wedgie Style Beef Cheeseburger (Cheddar) w/ Side Salad	570	370	17	130	40	36	19	950	4	6	2
Wedgie Style Beef Cheeseburger (Cheddar) w/ Yukon Chips	820	540	37	125	60	34	37	1180	8	4	2
Wedgie Style Beef Cheeseburger (Pepper-Jack) w/ Carrots	490	320	14	120	35	32	17	850	3	6	2
Wedgie Style Beef Cheeseburger (Pepper-Jack) w/ Coleslaw	570	370	18	125	41	32	18	1150	4	8	2
Wedgie Style Beef Cheeseburger (Pepper-Jack) w/ Mandarin Oranges	530	320	23	120	35	32	17	820	4	15	2
Wedgie Style Beef Cheeseburger (Pepper-Jack) w/ Side Salad	560	360	17	130	39	36	19	960	4	6	2
Wedgie Style Beef Cheeseburger (Pepper-Jack) w/ Yukon Chips	810	530	37	120	59	34	37	1190	8	4	2
Wedgie Style Beef Cheeseburger (Swiss) w/ Carrots	500	320	14	120	36	33	17	710	3	6	2
Wedgie Style Beef Cheeseburger (Swiss) w/ Coleslaw	570	370	18	130	41	33	18	1020	4	8	2
Wedgie Style Beef Cheeseburger (Swiss) w/ Mandarin Oranges	540	320	23	120	35	33	17	690	4	15	2
Wedgie Style Beef Cheeseburger (Swiss) w/ Side Salad	570	360	17	130	40	37	19	830	4	6	2
Wedgie Style Beef Cheeseburger (Swiss) w/ Yukon Chips	810	530	37	120	59	35	37	1060	8	4	2
Wedgie Style Chicken Burger w/ Carrots	160	15	10	80	1.5	29	0.5	530	4	6	0
Wedgie Style Chicken Burger w/ Coleslaw	240	60	14	90	7	30	1.5	830	4	8	0
Wedgie Style Chicken Burger w/ Mandarin Oranges	200	15	20	80	1.5	30	0.5	510	4	15	0
Wedgie Style Chicken Burger w/ Side Salad	230	50	14	90	6	33	2.5	640	4	6	0
Wedgie Style Chicken Burger w/ Yukon Chips	480	220	34	80	25	31	21	870	8	4	0
Wedgie Style Chicken Cheeseburger (American) w/ Carrots	280	100	13	110	11	34	7	1100	4	7	0.5
Wedgie Style Chicken Cheeseburger (American) w/ Coleslaw	350	150	17	120	17	35	7	1400	4	10	0.5
Wedgie Style Chicken Cheeseburger (American) w/ Mandarin Oranges	310	100	22	110	11	35	7	1080	4	17	0.5
Wedgie Style Chicken Cheeseburger (American) w/ Side Salad	340	140	17	125	16	38	9	1210	4	7	0.5
Wedgie Style Chicken Cheeseburger (American) w/ Yukon Chips	590	310	36	115	35	37	27	1440	8	5	0.5
Wedgie Style Chicken Cheeseburger (Cheddar) w/ Carrots	280	100	11	110	11	36	6	710	4	6	0.5
Wedgie Style Chicken Cheeseburger (Cheddar) w/ Coleslaw	350	150	15	115	17	37	7	1010	4	8	0.5
Wedgie Style Chicken Cheeseburger (Cheddar) w/ Mandarin Oranges	320	100	20	110	11	37	6	690	4	15	0.5
Wedgie Style Chicken Cheeseburger (Cheddar) w/ Side Salad	350	140	15	120	15	40	8	820	4	6	0.5
Wedgie Style Chicken Cheeseburger (Cheddar) w/ Yukon Chips	590	310	34	110	34	38	26	1060	8	4	0.5
Wedgie Style Chicken Cheeseburger (Pepper-Jack) w/ Carrots	270	90	11	110	10	36	6	720	4	6	0.5
Wedgie Style Chicken Cheeseburger (Pepper-Jack) w/ Coleslaw	340	140	15	115	16	36	7	1020	4	8	0.5
Wedgie Style Chicken Cheeseburger (Pepper-Jack) w/ Mandarin Oranges	310	90	20	110	10	36	6	700	4	15	0.5
Wedgie Style Chicken Cheeseburger (Pepper-Jack) w/ Side Salad	340	130	15	120	14	39	8	830	4	6	0.5
Wedgie Style Chicken Cheeseburger (Pepper-Jack) w/ Yukon Chips	580	300	34	110	33	38	26	1070	8	4	0.5
Wedgie Style Chicken Cheeseburger (Swiss) w/ Carrots	280	90	11	110	10	37	6	590	4	6	0.5
Wedgie Style Chicken Cheeseburger (Swiss) w/ Coleslaw	350	140	15	115	16	37	7	890	4	8	0.5
Wedgie Style Chicken Cheeseburger (Swiss) w/ Mandarin Oranges	310	90	20	110	10	37	6	570	4	15	0.5
Wedgie Style Chicken Cheeseburger (Swiss) w/ Side Salad	340	130	15	120	15	41	8	700	4	6	0.5
Wedgie Style Chicken Cheeseburger (Swiss) w/ Yukon Chips	590	300	34	110	34	39	26	930	8	4	0.5
Wedgie Style Crispy Chicken Burger w/ Carrots	490	250	28	85	28	33	5	950	4	6	0
Wedgie Style Crispy Chicken Burger w/ Coleslaw	560	300	32	90	33	33	6	1250	4	9	0
Wedgie Style Crispy Chicken Burger w/ Mandarin Oranges	520	250	37	85	28	34	5	930	5	16	0
Wedgie Style Crispy Chicken Burger w/ Side Salad	550	290	31	95	32	37	7	1060	5	7	0
Wedgie Style Crispy Chicken Burger w/ Yukon Chips	800	460	51	85	51	35	26	1290	8	5	0
Wedgie Style Crispy Chicken Cheeseburger (American) w/ Carrots	600	340	30	115	38	38	11	1520	4	8	0.5
Wedgie Style Crispy Chicken Cheeseburger (American) w/ Coleslaw	670	390	34	120	43	39	12	1820	4	10	0.5
Wedgie Style Crispy Chicken Cheeseburger (American) w/ Mandarin Oranges	640	340	39	115	37	39	11	1500	5	17	0.5
Wedgie Style Crispy Chicken Cheeseburger (American) w/ Side Salad	670	380	34	125	42	42	13	1630	5	8	0.5
Wedgie Style Crispy Chicken Cheeseburger (American) w/ Yukon Chips	910	550	53	115	61	40	32	1870	8	6	0.5
Wedgie Style Crispy Chicken Cheeseburger (Cheddar) w/ Carrots	600	330	28	110	37	40	11	1130	4	6	0.5
Wedgie Style Crispy Chicken Cheeseburger (Cheddar) w/ Coleslaw	670	380	32	120	43	40	12	1430	4	9	0.5
Wedgie Style Crispy Chicken Cheeseburger (Cheddar) w/ Mandarin Oranges	640	330	38	110	37	41	11	1110	5	16	0.5
Wedgie Style Crispy Chicken Cheeseburger (Cheddar) w/ Side Salad	670	370	32	120	41	44	13	1240	5	7	0.5
Wedgie Style Crispy Chicken Cheeseburger (Cheddar) w/ Yukon Chips	910	540	51	110	61	42	31	1480	8	5	0.5
Wedgie Style Crispy Chicken Cheeseburger (Pepper-Jack) w/ Carrots	590	320	28	110	36	39	10	1140	4	6	0.5
Wedgie Style Crispy Chicken Cheeseburger (Pepper-Jack) w/ Coleslaw	660	380	32	115	42	40	11	1440	4	9	0.5
Wedgie Style Crispy Chicken Cheeseburger (Pepper-Jack) w/ Mandarin Oranges	630	320	38	110	36	40	10	1120	5	16	0.5
Wedgie Style Crispy Chicken Cheeseburger (Pepper-Jack) w/ Side Salad	660	360	32	120	40	43	13	1250	5	7	0.5
Wedgie Style Crispy Chicken Cheeseburger (Pepper-Jack) w/ Yukon Chips	900	540	51	110	60	42	31	1490	8	5	0.5
Wedgie Style Crispy Chicken Cheeseburger (Swiss) w/ Carrots	600	330	28	110	36	41	11	1010	4	6	0.5
Wedgie Style Crispy Chicken Cheeseburger (Swiss) w/ Coleslaw	670	380	32	115	42	41	12	1310	4	9	0.5
Wedgie Style Crispy Chicken Cheeseburger (Swiss) w/ Mandarin Oranges	630	330	38	110	36	41	11	990	5	16	0.5

BOX MEALS continued

	Total Calories (kcal)	Calories From Fat (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
Wedgie Style Crispy Chicken Cheeseburger (Swiss) w/ Side Salad	660	370	32	120	41	44	13	1120	5	7	0.5
Wedgie Style Crispy Chicken Cheeseburger (Swiss) w/ Yukon Chip	910	540	51	110	60	43	31	1350	8	5	0.5
Wedgie Style Impossible Burger w/ Carrots	290	130	21	0	14	21	8	640	8	6	0
Wedgie Style Impossible Burger w/ Coleslaw	360	180	24	5	20	21	9	940	8	8	0
Wedgie Style Impossible Burger w/ Mandarin Oranges	320	130	30	0	14	22	8	620	8	15	0
Wedgie Style Impossible Burger w/ Side Salad	350	170	24	10	18	25	10	750	8	6	0
Wedgie Style Impossible Burger w/ Yukon Chips	600	340	44	0	38	23	28	990	12	4	0
Wedgie Style Impossible Cheeseburger (American) w/ Carrots	400	220	23	30	24	26	14	1210	8	7	0.5
Wedgie Style Impossible Cheeseburger (American) w/ Coleslaw	480	260	26	35	29	29	14	1000	8	8	0.5
Wedgie Style Impossible Cheeseburger (American) w/ Mandarin Oranges	440	220	32	30	24	27	14	1190	8	17	0.5
Wedgie Style Impossible Cheeseburger (American) w/ Side Salad	470	250	27	40	28	30	16	1320	8	7	0.5
Wedgie Style Impossible Cheeseburger (American) w/ Yukon Chips	720	430	46	30	47	28	34	1560	12	5	0.5
Wedgie Style Impossible Cheeseburger (Cheddar) w/ Carrots	400	210	21	30	23	28	13	820	8	6	0.5
Wedgie Style Impossible Cheeseburger (Cheddar) w/ Coleslaw	480	260	25	35	29	28	14	1120	8	8	0.5
Wedgie Style Impossible Cheeseburger (Cheddar) w/ Mandarin Oranges	440	210	30	30	23	29	13	800	8	15	0.5
Wedgie Style Impossible Cheeseburger (Cheddar) w/ Side Salad	470	250	25	40	28	32	15	930	8	6	0.5
Wedgie Style Impossible Cheeseburger (Cheddar) w/ Yukon Chips	720	420	44	30	47	30	34	1170	12	4	0.5
Wedgie Style Impossible Cheeseburger (Pepper-Jack) w/ Carrots	390	200	21	25	22	27	13	830	8	6	0.5
Wedgie Style Impossible Cheeseburger (Pepper-Jack) w/ Coleslaw	470	250	25	35	28	28	14	1130	8	8	0.5
Wedgie Style Impossible Cheeseburger (Pepper-Jack) w/ Mandarin Oranges	430	200	30	25	22	28	13	810	8	15	0.5
Wedgie Style Impossible Cheeseburger (Pepper-Jack) w/ Side Salad	460	240	25	35	27	31	15	940	8	6	0.5
Wedgie Style Impossible Cheeseburger (Pepper-Jack) w/ Yukon Chips	710	410	44	30	46	30	33	1180	12	4	0.5
Wedgie Style Impossible Cheeseburger (Swiss) w/ Carrots	400	210	21	30	23	29	13	700	8	6	0.5
Wedgie Style Impossible Cheeseburger (Swiss)w/ Coleslaw	470	260	25	35	29	29	14	1000	8	8	0.5
Wedgie Style Impossible Cheeseburger (Swiss) w/ Mandarin Oranges	440	210	30	30	23	29	13	680	8	15	0.5
Wedgie Style Impossible Cheeseburger (Swiss) w/ Side Salad	470	250	25	40	27	32	15	810	8	6	0.5
Wedgie Style Impossible Cheeseburger (Swiss) w/ Yukon Chips	710	420	44	30	46	31	34	1050	12	4	0.5
Wedgie Style Turkey Burger w/ Carrots	290	150	11	100	16	27	5	840	3	6	0
Wedgie Style Turkey Burger w/ Coleslaw	360	200	14	110	22	27	6	1140	3	8	0.5
Wedgie Style Turkey Burger w/ Mandarin Oranges	330	150	20	100	16	27	4.5	820	4	15	0
Wedgie Style Turkey Burger w/ Side Salad	360	190	15	110	21	30	7	960	4	6	0.5
Wedgie Style Turkey Burger w/ Yukon Chips	610	360	34	105	40	29	25	1190	8	4	0.5
Wedgie Style Turkey Cheeseburger (American) w/ Carrots	410	240	13	135	26	32	11	1410	3	7	0.5
Wedgie Style Turkey Cheeseburger (American) w/ Coleslaw	480	290	17	140	32	32	12	1710	4	10	0.5
Wedgie Style Turkey Cheeseburger (American) w/ Mandarin Orange	440	240	23	135	26	32	11	1390	4	17	0.5
Wedgie Style Turkey Cheeseburger (American) w/ Side Salad	470	280	17	145	30	36	13	1530	4	7	0.5
Wedgie Style Turkey Cheeseburger (American) w/ Yukon Chips	720	450	37	135	50	34	31	1760	8	5	0.5
Wedgie Style Turkey Cheeseburger (Cheddar) w/ Carrots	410	230	12	130	26	34	10	1020	3	6	0.5
Wedgie Style Turkey Cheeseburger (Cheddar) w/ Coleslaw	480	280	16	135	31	34	11	1330	4	8	0.5
Wedgie Style Turkey Cheeseburger (Cheddar) w/ Mandarin Oranges	440	230	21	130	26	34	10	1000	4	15	0.5
Wedgie Style Turkey Cheeseburger (Cheddar) w/ Side Salad	470	270	15	140	30	37	12	1140	4	6	0.5
Wedgie Style Turkey Cheeseburger (Cheddar) w/ Yukon Chips	720	450	35	130	49	36	31	1370	8	4	0.5
Wedgie Style Turkey Cheeseburger (Pepper-Jack) w/ Carrots	400	230	12	130	25	33	10	1030	3	6	0.5
Wedgie Style Turkey Cheeseburger (Pepper-Jack) w/ Coleslaw	470	280	16	135	30	34	11	1330	4	8	0.5
Wedgie Style Turkey Cheeseburger (Pepper-Jack) w/ Mandarin Oranges	430	230	21	130	25	34	10	1010	4	15	0.5
Wedgie Style Turkey Cheeseburger (Pepper-Jack) w/ Side Salad	460	260	15	140	29	37	12	1150	4	6	0.5
Wedgie Style Turkey Cheeseburger (Pepper-Jack) w/ Yukon Chips	710	440	35	130	48	35	30	1380	8	4	0.5
Wedgie Style Turkey Cheeseburger (Swiss) w/ Carrots	400	230	12	130	25	34	10	900	3	6	0.5
Wedgie Style Turkey Cheeseburger (Swiss) w/ Coleslaw	480	280	16	135	31	35	11	1200	4	8	0.5
Wedgie Style Turkey Cheeseburger (Swiss) w/ Mandarin Oranges	440	230	21	130	25	35	10	880	4	15	0.5
Wedgie Style Turkey Cheeseburger (Swiss) w/ Side Salad	470	270	15	140	29	38	12	1020	4	6	0.5
Wedgie Style Turkey Cheeseburger (Swiss) w/ Yukon Chips	720	440	35	130	49	36	31	1250	8	4	0.5
Wedgie Style Veggie Burger w/ Carrots	170	40	27	0	4.5	9	0.5	610	10	10	0
Wedgie Style Veggie Burger w/ Coleslaw	250	90	31	5	10	9	1.5	910	10	13	0
Wedgie Style Veggie Burger w/ Mandarin Oranges	210	40	37	0	4.5	10	0.5	590	10	20	0
Wedgie Style Veggie Burger w/ Side Salad	240	80	31	10	9	13	2.5	720	10	10	0
Wedgie Style Veggie Burger w/ Yukon Chips	490	250	51	0	28	11	21	960	14	9	0
Wedgie Style Veggie Cheeseburger (American) w/ Carrots	290	130	30	30	14	14	7	1180	10	12	0.5
Wedgie Style Veggie Cheeseburger (American) w/ Coleslaw	360	180	34	35	20	15	8	1480	10	14	0.5
Wedgie Style Veggie Cheeseburger (American) w/ Mandarin Oranges	320	130	39	30	14	15	7	1160	10	21	0.5
Wedgie Style Veggie Cheeseburger (American) w/ Side Salad	350	170	33	40	18	18	9	1290	10	12	0.5
Wedgie Style Veggie Cheeseburger (American) w/ Yukon Chips	600	340	53	30	38	16	27	1530	14	10	0.5
Wedgie Style Veggie Cheeseburger (Cheddar) w/ Carrots	290	120	28	30	14	16	6	790	10	10	0.5

CATERING BURGER BAR TOPPINGS continued

	Total Calories (kcal)	Calories From Fat (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
Grilled Pineapple Ring (1 slice)	20	0	5	0	0	0	0	0	0	4	0
Onion Straws 0.4 oz serving	60	40	5	0	4.5	0	1	50	0	0	0
Fresh Jalapeno Chips 0.3oz serving	0	0	0	0	0	0	0	0	0	0	0
Sauteed Mushrooms 0.8oz serving	20	10	1	0	1	0	0.5	40	0	0	0
Red's Pickle Relish 0.75oz serving	30	0	8	0	0	0	0	190	0	7	0
Shredded Lettuce 1oz serving	0	0	0	0	0	0	0	0	0	0	0
Tomato Slices (2 slices)	5	0	1	0	0	0	0	0	0	0	0
Chipotle Aioli 0.6oz serving	130	120	0	5	14	0	2	130	0	0	0
Teriyaki Sauce 0.6oz serving	30	0	7	0	0	0	0	340	0	6	0
Whiskey River BBQ Sauce 0.6oz serving	40	0	9	0	0	0	0	240	0	8	0
Mayonnaise 1oz serving	250	250	0	15	28	0	4.5	200	0	0	0
Red Robin Seasoning 1/8tsp	0	0	0	0	0	0	0	150	0	0	0

CATERING WING BAR

	Total Calories (kcal)	Calories From Fat (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
Wing Bar - Plain Wings Serves 20	290	160	0	160	18	31	4.5	510	0	0	0
Buzzard Sauce 1.2oz serving	80	80	0	0	9	0	4.5	980	0	0	0
Carrot Sticks 1.6 each	0	0	1	0	0	0	0	10	0	0	0
Ranch Dressing 1.2oz serving	160	150	1	10	17	0	3	250	0	1	0
Teriyaki Sauce 1.2oz serving	60	0	14	0	0	1	0	680	0	12	0
Whiskey River BBQ Sauce 1.2oz serving	80	0	19	0	0	0	0	480	0	17	0

CATERING DRESSINGS

	Total Calories (kcal)	Calories From Fat (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
Balsamic Vinaigrette Dressing Serves 20	35	35	2	0	3.5	0	1	190	0	1	0
Bleu Cheese Dressing Serves 20	130	120	0	15	14	0	2.5	230	0	0	0
French Dressing Serves 20	35	25	2	0	3	0	0.5	105	0	2	0
Honey Mustard Poppyseed Dressing Serves 20	140	110	7	10	12	0	2	200	0	6	0
Italian Dressing Serves 20	70	60	2	0	7	0	1	190	0	2	0
Olive Oil & Vinegar Dressing Serves 20	20	15	0	0	1.5	0	0.5	0	0	0	0
Ranch Dressing Serves 20	110	100	0	5	11	0	2	160	0	0	0
Salsa Ranch Dressing Serves 20	80	70	0	5	8	0	1.5	115	0	0	0
Thousand Island Dressing Serves 20	80	70	3	5	7	0	1	180	0	2	0

CATERING STARTERS & SIDES

	Total Calories (kcal)	Calories From Fat (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
Pretzel Bites Serves 20	170	80	19	10	9	4	2.5	400	2	1	0
Yukon Chips Serves 20	330	210	27	0	24	3	21	300	6	0	0
Clucks Serves 20	300	180	16	30	20	6	3.5	550	1	0	0
Saucy Boneless Chicken Bites Banzai Serves 20	140	50	14	15	6	3	3	450	2	4	0
Saucy Boneless Chicken Bites Buzzard Serves 20	150	70	10	20	8	3	4.5	550	2	0	0
Saucy Boneless Chicken Bites Island Heat Serves 20	140	50	16	15	6	3	3	310	2	5	0
Saucy Boneless Chicken Bites Whiskey River BBQ Serves 20	150	60	15	15	6	3	3	410	2	4	0
Mini Corn Dogs w/ Chipotle Aioli Serves 20	270	180	17	45	20	6	4	550	0	3	0
Mini Corn Dogs w/ Ketchup Serves 20	220	110	20	40	13	6	3	580	0	5	0
Mini Corn Dogs w/ Mustard Serves 20	210	120	17	40	13	6	3	590	1	3	0
Mini Corn Dogs w/ Ranch Serves 20	250	150	17	45	17	6	4	550	0	3	0
Mini Corn Dogs w/ Teriyaki Serves 20	220	110	20	40	13	6	3	660	0	6	0
Mini Corn Dogs w/ Whiskey BBQ Serves 20	230	110	21	40	13	6	3	610	0	7	0
Macaroni and Cheese Serves 20	210	90	25	10	10	7	2.5	580	0	6	0

CATERING DESSERTS

	Total Calories (kcal)	Calories From Fat (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
Bundt Cake Tray Serves 10	620	230	93	75	26	6	7	290	0	63	0.5
Doh! Rings Serves 12	380	110	64	0	13	5	8	310	1	30	0
Freckled Lemonade Cake Serves 12	1030	410	144	255	46	11	30	430	1	118	1
Fudge Stuffed Cookie 1 Cookie	350	130	51	45	14	3	9	360	1	28	0.5
Mountain High Mudd Pie Serves 8	1560	580	227	140	64	19	43	680	7	155	1.5